

Morgan Hill Splash Aquatics Newsletter

2015 Summer

Cabana Meets

June 13th—Away

June 27th—Home

July 11th—Home

July 18th—Away

Cabana Champs

July 25th at

Home

We have Team Silicone/Latex swim caps for sale.

Silicone Caps - \$10

Latex Caps—\$5

Many styles of goggles!

We also have team sweatshirts and Teeshirts for sale.

Welcome Staff can assist with items you may need.

Message from Coach Mike

We hope that all of our swimmers had a wonderful holiday. Our holiday party was a huge success, great food, crafts and lots of fun. A big thank you to all of the parents who helped put this together..

We finished the 12 days of Splash with many swimmers making the required attendance and receiving their special cap.

Our team is co-hosting a sanctioned swim meet with Quicksilver Swimming on February 7th & 8th at the Aquatic Center.. Consider entering your swimmer into this meet, it is the ultimate feedback on how we are training and what we need to work on.

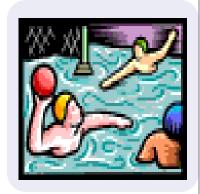
We have added dry land training to the Blue Dolphin & Orca group. Dry land is extremely important as it allows us to increase our fitness and coordination along with our swimmers taking turns leading their group.

Haley Hartman achieve a personal best in the 50 free with a time of 27.73 at the Winter Champs meet in December.

Great Job Haley!

Swimmingly yours, Coach Mike





www.mhsplash.com

Diving
Every Tuesday
With
Coach Zack
Splash swimmers pay
\$25 per month.

Non-Splash swimmers \$60 per month.

Contact Lisa for more information.

Morgan Hill Aquatics
Center
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Lisa Rick, Aquatics
Coordinator
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USA / PACIFIC SWIMMING

If you are interested in having your swimmers attend USA/Pacific Swimming meet, they must be registered with Pacific Swimming as an Athlete for 2015.

Our club name is City of Morgan Hill Splash Aquatics. Our abbreviation is MHSA..

The price for \$73 for the 2015 calendar year.

We have forms available in the office or you can obtain a form off the web site. **www.pacswim.org**

All registrations must be mailed in with a your check..

Diversity & Inclusion

Outreach Registration USA/Pacific Swimming

Pacific Swimming participates in the USA Swimming Outreach program by offering USA Swimming registration at \$5 to eligible swimmers.

To be eligible, a swimmer's family must meet the eligibility requirements for the Free School Lunch Program or Food Stamps, or must have family income below the state poverty level.

If you have questions or need assistance please contact
Lisa Rick
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